



Register online at Children1st.net

Children Cope with Divorce

- Only court approved course for divorcing & unmarried parents in IA District 3.
- Meets IA code 598.15
- Required by South Dakota Supreme Court Rule 22-09.
- Attendance is mandatory for both parents in all cases involving child custody or child visitation, including modification of custody & physical care.
- Parents may attend together or separately.

Overview

This zoom course is designed to educate divorcing parents on how to minimize the negative impact of their separation on their children, particularly when adults are dealing with their own challenges related to the divorce. This 3-4 hr. session teaches strategies to support children's emotional well-being during this transition period. The course assists parents in redefining their relationship & developing suitable plans for their children.

Child-centered approach

The primary goal of this course is to equip parents with the knowledge & skills to prioritize their children's needs during the divorce process.

Educational content

This course covers topics like open communication with children, managing emotional responses, maintaining consistent routines, & navigating co-parenting dynamics.

Participant expectations

- Participants must register & pay online.
- Participants must be logged in & present on camera before the class begins.
- Participants must return to class on time after scheduled breaks.
- Participants must be actively engaged in class.
- Participants must have child care arranged & be in a quiet location so that they can give their full attention to the material presented.
- Classes of five or less students are subject to rescheduling.
- Participants will be notified 24 hours in advance of any cancellations.

*This program is copyrighted as CHILDREN COPE WITH DIVORCE FAMILIES FIRST.

2026 Class Schedule

Classes are in English only, but participants may have an adult interpreter join them free of charge

| <i>January 2026</i> | <i>Time</i> | <i>February 2026</i> |
|----------------------------|--------------------|-----------------------------|
| Jan. 7th | 6-9pm | Feb. 4th |
| Jan. 14th | 6-9pm | Feb. 13th |
| Jan. 24th | 9am-12p | Feb. 14th |
| Jan. 23rd | 6-9pm | Feb. 18th |
| <i>March 2026</i> | <i>Time</i> | <i>April 2026</i> |
| Mar. 4th | 6-9pm | Apr. 8th |
| Mar. 18th | 6-9pm | Apr. 17th |
| Mar. 28th | 9am-12p | Apr. 18th |
| Mar. 27th | 6-9pm | Apr. 22nd |
| <i>May 2026</i> | <i>Time</i> | <i>June 2026</i> |
| May 6th | 6-9pm | June 10th |
| May 22nd | 6-9pm | June 19th |
| May 23rd | 9am-12p | June 20th |
| May 27th | 6-9pm | June 24th |
| <i>July 2026</i> | <i>Time</i> | <i>Aug. 2026</i> |
| July 8th | 6-9pm | Aug. 5th |
| July 24th | 6-9pm | Aug. 21st |
| July 25th | 9am-12p | Aug. 22nd |
| <i>Sept. 2026</i> | <i>Time</i> | <i>Oct. 2026</i> |
| Sept. 9th | 6-9pm | Oct. 14th |
| Sept. 18th | 6-9pm | Oct. 23rd |
| Sept. 19th | 9am-12p | Oct. 24th |
| Sept. 30th | 6-9pm | Oct. 28th |
| <i>Nov. 2026</i> | <i>Time</i> | <i>Dec. 2026</i> |
| Nov. 11th | 6-9pm | Dec. 2nd |
| Nov. 20th | 6-9pm | Dec. 11th |
| Nov. 21st | 9am-12p | Dec. 12th |
| | 6-9pm | Dec. 16th |

Contact Us

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